

PAIN SCALES

Numerical Rating Scale (NRS)

For patients greater than 5 years of age



Wong-Baker FACES

For populations greater than 5 years of age



FLACC SCALE

For children up to the age of 5 or children over 5 who are developmentally delayed or non-communicative

Categories	Scoring		
	0	1	2
F ace	No particular expression or smile	Occasional grimace or frown	Frequent to Constant quivering chin, clenched jaw
L egs	Normal position or relaxed	Uneasy, restless, tense	Kicking, or legs drawn up
A ctivity	Lying quietly, normal position, moves easily	Squirming, shifting back and forth, tense	Arched, rigid or jerking
C ry	No cry (awake or asleep)	Moans and whimpers; occasional complaint	Crying steadily, screams or sobs, frequent complaints
C onsolability	Content, relaxed	Reassured by occasional touching, hugging or being talked to, distractible	Difficult to console or comfort

ASSUME PAIN PRESENT (APP)

- For the non-verbal patient, where there is no systematic way to quantify pain
- Do not use when patient can self-report or are displaying painful behaviors
- In your clinical judgment, you conclude the patient is in pain and will provide medication

APP should be used for:

1. Unresponsive to pain due to traumatic brain injury
2. Pharmacologically induced coma
3. Neuromuscular blockade